

Anal Pleasure And Health A Guide For Men Women And Couples

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Anal Pleasure And Health A

Prostate orgasms are intense enough to send waves of orgasmic pleasure from head to toe. For cisgender women and people assigned female at birth, anal sex can hit two hot spots: the G-spot and...

What Are the Benefits of Anal Sex? 11 Things to Consider

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Anal Pleasure and Health: a guide for men, women and ...

For many years the focus of fear and disgust, the anus is actually one of the human body's most wondrous creations-elegant, efficient, and richly supplied with pleasure nerves. However, stress and ignorance can turn the anus and its functions from a source of delight into a painful disability. What's needed is an owner's manual-and here it is!

Anal Pleasure and Health (Audiobook) by Jack Morin Ph.D ...

Anal Pleasure and Health: A Guide for Men, Women, and Couples. Jack Morin Ph.D. For many years the focus of fear and disgust, the anus is actually one of the human body's most wondrous creations-elegant, efficient, and richly supplied with pleasure nerves. However, stress and ignorance can turn the anus and its functions from a source of delight into a painful disability.

Anal Pleasure and Health: A Guide for Men, Women and ...

Anal pleasure and health a guide for men and women This edition published in 1981 by Down There Press in Burlingham, Calif.

Anal pleasure and health (1981 edition) | Open Library

Simply put, anal masturbation is any sort of self-stimulation of your anus, rectum, or prostate for the purpose of sexual pleasure. "If the anus is involved and you're doing it by yourself, it's...

22 Anal Masturbation Tips for Every Body: Techniques, Toys ...

Andrea Barrica, founder of the sexual education website O.school, tells Health that some women describe it as being similar to a clitoral orgasm—a pulse of pleasurable contractions, but this time...

Anal Orgasms Are Real—Here's How to Have One | Health.com

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In fact, stimulating this pleasure-point could result in an anal orgasm. ... Kink, and Relationships, tells Health that this position is a favorite because it's easy to personalize. "It offers ...

Best Anal Sex Positions for Women | Health.com

Anal pleasure can be psychological as well as physical. The anal taboo adds to the thrill of the forbidden. The most common anti-anal message (it's dirty!) sometimes returns as a source of raunchy, sleazy excitement. Rimming enthusiasts may enjoy the feeling that they are being disgustingly - and delightfully - perverse.

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